

# MASP Activity Plan

Activity Title	100 Acts of Kindness Challenge	Virtual Activity	<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No
Theme	Grade Level	Time	Activity #of#
Service Learning	Grades 3-5	Open	1 of 1
Objective/Goal	Youth participate in a challenge to complete 100 different acts of kindness.		
Activity Link	Materials		
<a href="https://www.coffeecupsandcrayons.com/100-acts-kindness-kids/">https://www.coffeecupsandcrayons.com/100-acts-kindness-kids/</a>	Online printables, individual activity supplies, tracking poster		
Warm Up/	Explain the challenge to youth. Discuss the importance of acts of kindness and that acts of kindness can be big or small. Brainstorm a list of acts of kindness that youth can complete.		
Main Activity	Create a tracking poster with the youth to mark each act of kindness. Continue adding acts of kindness till full. Allow youth to identify a goal date to complete 100 acts.		
Wrap Up/ Reflection	Celebrate youth's accomplishments of completing 100 acts of kindness. Discuss their favorite experiences and share future acts they could complete.		

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It is useful to make this a part of your daily opening activity. Youth can share their acts aloud.

